The Newsletter of the Bowmen of Pendle & Samlesbury



Volume 6 Issue 3 March/April 2016

It's good to shoot outdoors

t looks like Spring is finally on its way. We have now taken delivery of our new (to us) mower – see below for more details – and the Spring Workday weekend is behind us. A big thanks to all who turned up and gave a hand. We made huge improvements to field drainage, boss positions and the indoor target wall. It was a much increased turnout this year. I guess the weather helped! Here's to an enjoyable outdoor season. Good Shooting!

Mark Blinkhorn, Chairman

Log onto our Web Site at www.bowmen.co.uk or www.pendleandsamlesbury.org.uk

Progress 2006 – 2016

t is good to see that the club is making progress with the field maintenance equipment.



Firstly we had a gang mower and a small tractor, which needed help to get it going.



Then we got an old tractor, which was OK, except that it gave off loads of fumes and the brakes were a little uncertain.



But now we have a 'Mean Green Machine', which can be stored in the garage and the job of cutting the grass can be shared. Brilliant!

November Challenge

nce again our juniors did us proud. 11 of them were entered for this national competition. The best placings were achieved by Charlotte Hempsall (2nd), Theo Randall (5th) and Lewis Imeson (6th). Special mention must be made about Eve Thomson, who achieved 33rd place despite the fact that it was the very first time she had shot, having only finished her beginner course a short time before. Well done to all of you. The full results can be seen on the Archery GB website.

Welcome to New Members

he following people have joined the Club since August

Senior members:
Susan Entwistle
David Huggonson
Neal Philo
Carolyn Rosney
Chris Shaw
Junior members:
Jacob Jordan
Josie Jordan
Emily Rosney
Non shooting members:
Toni Campbell
Mark Jordan

We hope that you will continue to be members for many years.

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Annual Dinner

e went to the Oyster & Otter again. Following an excellent meal the 2015 Archer of the Year Trophies were presented by President Peter Clarke.

The winners were:

Ladies Recurve: Mel B-T
Ladies Compound: Di Clarke
Ladies Longbow: Di Clarke
Junior Girl: Charlotte Hempsall
Gents Recurve: Mark Blinkhorn
Gents Compound: John Holmes
Gents Longbow: Harry Dunstan
Gents Barebow: Peter Yates
Junior Boy: Lewis Imeson
Archery GB Handicap Medals:
Mel B-T and Charlotte Hempsall
President's Award: Bridget
Blinkhorn

Chairman's Award: Mike Aubrey Thanks, once again to Wendy Aubrey for organizing this event.

Congratulations to Kieran Wood!



ast year, club member
Kieran took part in the
Target Tokyo Campaign.
This was a three stage
talent identification process by
Archery GB and Help for Heroes,
for potential athletes to win gold

at the Tokyo 2020 Paralympic Games.

The first phase was a two day camp at Catterick Recovery Centre in Yorkshire, where archers were observed and interviewed.

Having passed that phase, Kieran attended phase two, another camp with more intense coaching, competitions and advice.



Chosen to go onto phase three, Kieran is now attending the GB Paralympic Academy at Lilleshall National Sports Centre, on a four month trial, to be reviewed on an on-going basis. Here, structured coaching with individual programmes for each athlete have been created and each athlete is responsible for keeping their tracker up to date with all training and activities completed. This opportunity is giving Kieran a chance to learn with our Paralympic Coaches in a specialised environment for archers. A very useful experience, which will help Kieran onto the best future pathway for him.



As if all this was not enough to keep him occupied, Kieran has also been attending training and selection camps for the 2016 Invictus Games, to be held in Orlando at the ESPN Wide World of Sports in May. He has been trying out for three disciplines – Archery, Indoor Rowing and Cycling. Now is an exciting time of waiting to find out if he has gained a place in any of the events. At the first Invictus Games, Kieran was a member of Team England and won a Bronze medal for rowing! On behalf of all our members, I would like to wish Kieran the very best of luck, for both selection at the Invictus Games and for a continuation with the Paralympic Academy, heading for Tokyo 2020!!!

Sue Jackson

Stop Press!

Kieran has been selected for the rowing, the cycling **and** the archery. Good Luck, Kieran in all three events from everyone at P & S.

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Active Kids



nce again we are collecting Sainsbury's Active Kids Vouchers.
Last year we use the donated vouchers to 'buy' 2 squistles, 3 sets of lightweight dumbbells and a skipping rope.

If you shop at Sainsbury's, please donate you vouchers to the club so that we can get more things to help our juniors.

Please put your vouchers in the box in the clubhouse.

If we don't get enough vouchers we will give those we have to a local school.

They Found It!

fter lots of digging and many holes and trenches, the broken drain in the west side of the field has been found and repaired.



Phil decided that the only way to clear the pipe was to do it by

hand. Not sure if he reached Australia!

We do still have one or two drainage problems but hope to remedy them over the summer. If anyone is free to give a hand, please contact any member of the committee.

Sad News

Since the last edition of the newsletter we have to report the sad death of three former members, although it is doubtful if many of you would have known them. Firstly Gordon Aldred, who was the Club secretary for nearly 20 years and a former President, then Nigel Hardman, son of long serving Chairman and past President Ed. Finally John Geldard, also a former President and renowned bowyer. Our condolences go to their families.

Have a Go

ometimes the families and friends of Club members would like to try archery. This can be difficult, as the insurance requirement means that you can't just turn up, be given a bow and set about shooting if you are not affiliated to either Archery GB or World Archery. The coaches frequently run group sessions in response to requests from companies and organizations or, more recently for a bridegroom to be as part of his stag 'do'. These events, however, can be quite costly for a small group, as we base our

charges on a minimum of 10 people. A few years ago the committee approved a 'Friends & Family' have a go with the following rules:

The people who have a go must be bona fide family or friends and the member must attend. There must be a coach in attendance and club equipment must be used. There will be a maximum of 4 guests for up to a 2 hour session, for which a £5 fee per person will be charged. The event must be recorded by the secretary before it takes place. If you would like to take advantage of this, please contact Sharon.

Dates for your diary:

April:

11th Committee Meeting (Open) 9th Junior Training moves outdoors

9th Beginner course starts 19th Handicap Shoot 24th St George

May

1st FITA (WA1440) 17th Handicap Shoot

June

4th Archery GB Big Weekend Open Day

5th Western

13th Committee Meeting

14th Handicap Shoot

18th Workday

19th LAA Junior Championships

July

2nd Beginner course starts 3rd Jubilee Shoot 12th Handicap Shoot

24th Clout Shoot

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Some Competition Results: Monthly Handicap Competitions

December 2015 (Portsmouth round)		February 2016 (Portsmouth round)	
Ladies Recurve: Jane Cunningham	1454	Ladies Recurve: Mel B-T	1432
Gents Recurve: Alan Murphy	1482	Gents Recurve: Dave Hodson	1458
Ladies Compound: Di Clarke	1434	Gents Compound: Alan Banks	1443
Gents Compound: Stephen Mathews	1495	Ladies Compound: Jane Cunningham	1455
Gents Barebow: Peter Yates	1446	Gents Barebow: Peter Yates	1446
Junior Girl: Martha Blinkhorn	1461	Junior Girl: Alice Beveridge	1482
Junior Boy: Charles Wallis	1524	Junior Boy: George Cotton	1502
January 2016 (Portsmouth round)		March 2016 (Portsmouth round)	
Ladies Recurve: Sharon Kennedy	1428	Ladies Recurve: Sharon Kennedy	1444
Gents Recurve: Alan Murphy	1457	Gents Recurve: Graham Smith	1450
Gents Compound: Alan Banks	1447	Gents Compound: Alan Murphy	1442
Ladies Compound: Di Clarke	1437	Ladies Compound: Jane Cunningham	1440
Gents Barebow: Peter Yates	1429	Gents Barebow: Peter Yates	1446
Junior Girl: Sarah Houghton	1520	Junior Girl: Sarah Houghton	1497
Junior Boy: Charles Wallis	1504	Junior Boy: George Nelson	1491



March Frostbite?

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